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extension, said first endcap having an opening extending therethrough in communication with said first opening within said forearm extension, a second endcap having a first end attachable to a support structure, and elongated first and second channel members nested together to form a channel therebetween, said first and second channel members having first ends pivotably attached to said first endcap and second ends pivotably attached to said second endcap.

B2

16. (Twice Amended) An adjustable extension arm for mounting a device thereto, said extension arm comprising a forearm extension having an internal elongated channel opening upward and extending between first and second ends of said forearm extension, a first endcap having a first end to which said first end of said forearm extension is rotationally mounted, said first endcap including an opening extending therethrough in communication with said internal elongated channel within said forearm extension, a second endcap attachable to a support structure, a nested pair of elongated members forming an internal elongated channel therein, one common end of said elongated members pivotably attached to said first endcap and another common end of said elongated members pivotably attached to said second endcap, wherein said extension arm has a cable pathway through said opening extending through said first endcap and said internal elongated channel within said forearm extension.